

RESOLUTION 09-19-2022-D

A RESOLUTION OF THE CITY COUNCIL TO COMMIT TO PROMOTE PUBLIC POLICIES THAT EMBRACE HEALTHY AGING AND BECOME AN AGE-FRIENDLY CITY AS RECOGNIZED BY THE AARP AGE-FRIENDLY NETWORK OF STATES AND COMMUNITIES

- WHEREAS,** the population of people aged 65 and over in the United States is expected to increase from 54 million to more than 94 million in 2050;
- WHEREAS,** as the U.S. population ages and people are living longer, communities must adapt to support healthy, active opportunities for all residents;
- WHEREAS,** Nearly 25% of the population in the City of Sonora is aged 65 and older;
- WHEREAS,** the World Health Organization noted that "making cities and communities age-friendly is one of the most effective policy approaches for responding to demographic ageing";
- WHEREAS,** in 2012, AARP created the Age-Friendly Network to engage and mobilize communities to create and support livable areas and improve quality of life for people of all ages;
- WHEREAS,** all ages benefit from the adoption of policies and programs that make neighborhoods walkable, feature transportation options, enable access to key services, provide opportunities to participate in community activities, and support housing that's affordable and adaptable; and
- WHEREAS,** Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages;

NOW THEREFORE, THE CITY COUNCIL OF THE CITY OF SONORA DOES HEREBY RESOLVE AS FOLLOWS:

Section 1. Recitals. The Recitals set forth above are true and correct and are incorporated into this Resolution by this reference.

Section 2. Approve the Resolution 09-19-2022-D committing to promote public policies that embrace healthy aging by supporting the application, planning and implementation process for the City of Sonora to become an Age-Friendly City as recognized by the AARP Age-Friendly Network of States and Communities.

PASSED AND ADOPTED as a Resolution of the City Council of the City of Sonora, California, at a regular meeting of said City Council held on September 19, 2022, by the following votes:

AYES: Plummer, Segerstrom, Hawkins, Merrill **ABSTAIN:** Cruz

NOES: _____

ABSENT: _____

Signed and dated:

A handwritten signature in blue ink, appearing to read "Mark Plummer", written over a horizontal line.

Mark Plummer
Mayor of the City of Sonora

ATTEST:

A handwritten signature in blue ink, appearing to read "Tracy Kelly", written over a horizontal line.

Tracy skelly
City Clerk